

## Week of January 26 - February 1

**\* Visit our NEW Healthy Choice Station Monday-Friday, Located to the Left of the Pizza Station**

<b>MONDAY – 1/26</b> <b>OMELETS TO ORDER</b> Egg & Cheese on a Bagel	<b>SOUP:</b> Turkey Rice Soup <b>ENTRÉE:</b> WING BAR! <b>STARCH &amp; VEGETABLE:</b> Steamed Potatoes / California Blend Veggies <b>SALAD:</b> Fresh Mozzarella & Tomato Caprese Salad <b>COOK’S CORNER:</b> QUESADILLA BAR! <b>ALLERGEN:</b> GF Chicken Wings, Steamed Potatoes & California Blend Veggies <b>HEALTHY CHOICE:</b> Quinoa Salad <b>PIZZA:</b> English Muffin Pizza <b>DESSERT:</b> Peanut Butter Cookies	<b>SOUP:</b> Turkey Rice Soup <b>ENTRÉE:</b> Chicken & Biscuits (GF) <b>STARCH &amp; VEGETABLE:</b> Buttermilk Biscuits / Chateau Blend Veggies <b>SALAD:</b> Fresh Mozzarella & Tomato Caprese Salad <b>COOK’S CORNER:</b> QUESADILLA BAR! <b>ALLERGEN:</b> GF Chicken & Biscuits, GF Biscuits, Chateau Blend Veggies <b>HEALTHY CHOICE:</b> Quinoa Salad <b>PIZZA:</b> English Muffin Pizza <b>DESSERT:</b> Toasted Almond Cake
<b>TUESDAY – 1/27</b> <b>OMELETS TO ORDER</b> Cheese Blintz w/Strawberry Sauce	<b>SOUP:</b> Beef Chili / Italian Wedding Soup <b>ENTRÉE:</b> Sloppy Joes <b>STARCH &amp; VEGETABLE:</b> Tater Tots w/Bacon & Cheddar / Corn <b>SALAD:</b> Ambrosia Salad <b>COOK’S CORNER:</b> Ramen Noodle Bowl <b>DELI:</b> MEATBALL MANIA – Fontanini Meatballs, Hot Subs, Sweet & Sour Meatballs, Swedish Meatballs <b>ALLERGEN:</b> GF Sloppy Joes w/GF Burger Rolls, Sweet Potato Wedges & Corn <b>HEALTHY CHOICE:</b> Toast Points w/Avocado <b>PIZZA:</b> Mushroom & Onion Pizza <b>DESSERT:</b> Double Chocolate Chip Cookies	<b>SOUP:</b> Beef Chili / Italian Wedding Soup <b>ENTRÉE:</b> Shrimp Scampi Over Linguine Pasta <b>STARCH &amp; VEGETABLE:</b> Garlic Bread / Sauteed Zucchini, Yellow Squash, Grape Tomatoes & Garlic Oil <b>SALAD:</b> Ambrosia Salad <b>COOK’S CORNER:</b> Ramen Noodle Bowl <b>ALLERGEN:</b> GF Baked Ziti w/Meat Sauce & Melted Mozzarella Cheese, Sauteed Zucchini, Yellow Squash, Grape Tomatoes & Garlic Oil <b>HEALTHY CHOICE:</b> Toast Points w/Avocado <b>PIZZA:</b> Mushroom & Onion Pizza <b>DESSERT:</b> Monthly Birthday Cake or Cupcakes
<b>WEDNESDAY – 1/28</b> <b>OMELETS TO ORDER</b> Egg & Cheese on a Kaiser Roll	<b>SOUP:</b> Loaded Potato Soup <b>ENTRÉE:</b> General Tso’s Chicken <b>STARCH &amp; VEGETABLE:</b> Jasmine Rice / Asian Style Veggie Blend <b>SALAD:</b> Tuna Mac Salad <b>COOK’S CORNER:</b> Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces <b>ALLERGEN:</b> GF General Tso’s Chicken, Jasmine Rice & Asian Style Veggie Blend <b>HEALTHY CHOICE:</b> Chicken & Black Bean Salad <b>PIZZA:</b> Cheesy Garlic Bread Sticks / Spinach & Cheese Ravioli <b>DESSERT:</b> White Chip Cranberry Cookies <b>Pancake Day: Pancakes with Assorted Toppings!</b>	<b>SOUP:</b> Loaded Potato Soup <b>ENTRÉE:</b> Carved Roasted New York Strip Steak w/GF Beef Gravy <b>STARCH &amp; VEGETABLE:</b> Mashed Potatoes / Sauteed Asparagus with Garlic Oil <b>SALAD:</b> Tuna Mac Salad <b>COOK’S CORNER:</b> Pasta Action with choice of Chicken, Shrimp, Sausage, Veggies, & Sauces <b>ALLERGEN:</b> GF Carved New York Strip w/GF Gravy, Mashed Potatoes & Roasted Asparagus <b>HEALTHY CHOICE:</b> Chicken & Black Bean Salad <b>PIZZA:</b> Cheesy Garlic Bread Sticks / Spinach & Cheese Ravioli <b>DESSERT:</b> Strawberry Layer Cake
<b>THURSDAY – 1/29</b> <b>OMELETS TO ORDER</b> Open Faced Bacon, Egg & Cheese on a Hash Brown	<b>SOUP:</b> Chicken Corn Chowder / Apple Pumpkin Bisque <b>ENTRÉE:</b> GF Chicken Korma – Mild, Aromatic Indian Curry Featuring Tender Chicken in a Rich, Creamy Yogurt Sauce <b>STARCH &amp; VEGETABLE:</b> Basmati Rice / Garlic Naan / Garlic Green Beans <b>SALAD:</b> Cheese Tortellini Pesto Pasta Salad <b>COOK’S CORNER:</b> STIR FRY BAR <b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> GF Chicken Korma, Basmati Rice & Garlic Green Beans <b>HEALTHY CHOICE:</b> Hummus with Pita Points <b>PIZZA:</b> Hawaiian Pizza <b>DESSERT:</b> Assorted Cookies	<b>SOUP:</b> Chicken Corn Chowder / Apple Pumpkin Bisque <b>ENTRÉE:</b> Chicken Scarpello – Chicken Thighs with Sausage & Italian Tomato Ragù <b>STARCH &amp; VEGETABLE:</b> Egg Noodles / Sauteed Spinach with Garlic Oil <b>SALAD:</b> Cheese Tortellini Pesto Pasta Salad <b>COOK’S CORNER:</b> STIR FRY BAR <b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> GF Chicken Scarpello, GF Rotini & Sauteed Spinach w/Garlic Oil <b>HEALTHY CHOICE:</b> Hummus with Pita Points <b>PIZZA:</b> Hawaiian Pizza <b>DESSERT:</b> Whoopie Pies
<b>FRIDAY – 1/30</b> <b>OMELETS TO ORDER</b> French Toast	<b>SOUP:</b> Tomato Soup <b>ENTRÉE:</b> Beer Battered Fried Cod <b>STARCH &amp; VEGETABLE:</b> Roasted Potato Wedges / Italian Blend Veggies <b>SALAD:</b> DuJour <b>COOK’S CORNER:</b> Grilled Cheese Bar <b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> GF Grilled Turkey Melt on GF Bread, Chips & Italian Blend Veggies <b>HEALTHY CHOICE:</b> Turkey Pinwheels w/Roasted Red Peppers & Spinach <b>PIZZA:</b> Broccoli White Pizza <b>DESSERT:</b> Oatmeal Raisin Cookies	<b>SOUP:</b> Tomato Soup <b>ENTRÉE:</b> Chicken & Vegetable Lo Mein <b>STARCH &amp; VEGETABLE:</b> Seasoned Curly Fries / Browned Brains (Roasted Cauliflower) <b>SALAD:</b> DuJour <b>COOK’S CORNER:</b> Fish Taco or Beef Burrito / Burrito Bar <b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> GF Chicken Wings, GF Sweet Potato Fries, Roasted Cauliflower <b>HEALTHY CHOICE:</b> Turkey Pinwheels w/Roasted Red Peppers & Spinach <b>PIZZA:</b> Broccoli White Pizza <b>DESSERT:</b> Tuxedo Mousse Cake
<b>SATURDAY – 1/31</b> <b>Continental Breakfast Omelets (CTO)</b> 9:30am-11:00am	<b>SOUP :</b> Soup Du Jour <b>ENTRÉE :</b> Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Broccoli, Cheddar & Egg Strudel (11:00-2:00) <b>COOK’S CORNER :</b> Omelets <b>HOT CERAL BAR:</b> Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar <b>ALLERGEN:</b> GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread <b>PIZZA:</b> Assorted Pizza <b>DESSERT:</b> Assorted Pastries & Donuts	<b>SOUP:</b> Soup Du Jour <b>ENTRÉE:</b> Roasted Pork Loin w/GF Pan Gravy <b>STARCH &amp; VEGETABLE:</b> Baked Potatoes / Roasted Brussel Sprouts <b>COOK’S CORNER:</b> Closed <b>ALLERGEN:</b> Roasted Pork Loin w/GF Pan Gravy, Baked Potatoes & Roasted Brussel Sprouts <b>PIZZA:</b> Assorted Pizza <b>DESSERT:</b> Sundae Bar
<b>SUNDAY – 2/1</b> <b>Continental Breakfast Omelets (CTO)</b> 9:30am-11:00am	<b>SOUP:</b> Soup Du Jour <b>ENTRÉE:</b> Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Bread Pudding w/Vanilla Custard Sauce (11:00-2:00) <b>COOK’S CORNER :</b> Omelets <b>HOT CERAL BAR:</b> Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar <b>ALLERGEN:</b> GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread <b>PIZZA:</b> Assorted Pizzas <b>DESSERT:</b> Assorted Pastries & Donuts	<b>SOUP :</b> Soup Du Jour <b>ENTRÉE :</b> Deconstructed Beef Kebab w/Grape Tomatoes, Onions & Mushrooms <b>STARCH &amp; VEGETABLE:</b> Steamed Potatoes / Snap Peas <b>COOK’S CORNER :</b> Closed <b>ALLERGEN:</b> GF Deconstructed Beef Kebab w/Grape Tomatoes, Onions & Mushrooms, Steamed Potatoes & Snap Peas <b>PIZZA:</b> Assorted Pizza <b>DESSERT:</b> Sundae Bar