

CHAMPLIN WEEKLY MENU

Week of April 20-26

****Chicken Sandwich, Hamburgers & Cheeseburgers, Macaroni & Cheese: Everyday**

****Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays**

*** Visit our NEW Healthy Choice Station Monday-Friday, Located to the Left of the Pizza Station**

*** Look for the Sandwich of the Day and Make Your Own Sandwiches on the Salad Bar. Burrito Bar will be on Tuesday, Thursday and Friday.**

~ Menu subject to change due to availability ~

<p>Monday - Friday: Breakfast 7am – 10:30am Lunch 11am -4pm Dinner 4:30pm – 7pm</p>
<p>Saturday - Sunday: Breakfast 9:30am – 10:30am Lunch 11am -4pm Dinner 4:30pm – 6pm</p>

BREAKFAST Available Daily:
 Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries

LUNCH Available Daily:
 Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Mac & Cheese, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

DINNER Available Daily:
 Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

BREAKFAST

LUNCH

DINNER

<p>MONDAY – 4/20 OMELETS TO ORDER Egg and Cheese on a Bagel</p>	<p>SOUP: Turkey Rice Soup ENTRÉE: Wing Bar! STARCH & VEGETABLE: Garlic Butter Biscuits / California Blend Veggies SALAD: Veggie Pasta Salad SANDWICH: Turkey Caprese w//Mozzarella Cheese, Tomatoes, Basil & Italian Dressing COOK’S CORNER: QUESADILLA BAR! ALLERGEN: GF Baked Chicken Wings, Roasted Potatoes & California Blend Veggies HEALTHY CHOICE: Hummus w/Pita Points PIZZA: Hawaiian Pizza DESSERT: Peanut Butter Cookies</p>	<p>SOUP: Turkey Rice Soup ENTRÉE: Sweet & Sour Chicken (GF) STARCH & VEGETABLE: White Rice / Broccoli SALAD: Veggie Pasta Salad SANDWICH: Turkey Caprese w//Mozzarella Cheese, Tomatoes, Basil & Italian Dressing COOK’S CORNER: QUESADILLA BAR! ALLERGEN: GF Sweet & Sour Chicken, White Rice & Broccoli HEALTHY CHOICE: Hummus w/Pita Points PIZZA: Hawaiian Pizza DESSERT: Toasted Almond Cake</p>
<p>TUESDAY – 4/21 OMELETS TO ORDER Broccoli, Cheddar & Egg Strudel</p>	<p>SOUP: Italian Wedding Soup ENTRÉE: Shrimp Scampi over Linguine Pasta STARCH & VEGETABLE: Garlic Bread / Sauteed Zucchini, Yellow Squash, Tomatoes & Garlic SALAD: Ambrosia SANDWICH: Chicken Salad, Craisins, Pecans, Onions, Lettuce & Tomato on Croissant COOK’S CORNER: Greek Style Beef Gyros DELI: BURRITO BAR! ALLERGEN: GF Baked Ziti & Sauteed Zucchini, Yellow Squash, Tomatoes & Garlic Oil HEALTHY CHOICE: Grilled Turkey Burgers w/Pesto, Roasted Peppers & Caramelized Onions PIZZA: Taco Beef w/Cheddar DESSERT: Double Chocolate Chip Cookies</p>	<p>SOUP: Italian Wedding Soup ENTRÉE: Grilled Pork Chops w/Sweet Thai Chili Glaze STARCH & VEGETABLE: Roasted Potatoes / Chateau Blend Veggies SALAD: Ambrosia SANDWICH: Chicken Salad, Craisins, Pecans, Onions, Lettuce & Tomato on Croissant COOK’S CORNER: Stuffed Spud Bar – Baked Potato with Choice of Toppings DELI: BURRITO BAR! ALLERGEN: Roasted Pork Loin, Roasted Potatoes & Chateau Blend Veggies HEALTHY CHOICE: Grilled Turkey Burgers w/Pesto, Roasted Peppers & Caramelized Onions PIZZA: Taco Beef w/Cheddar DESSERT: Angel Food Cake w/Berries & Whipped Cream</p>
<p>WEDNESDAY – 4/22 OMELETS TO ORDER Egg & Cheese on a Biscuit</p>	<p>SOUP: Loaded Potato Soup ENTRÉE: General Tso’s Chicken STARCH & VEGETABLE: Jasmine Rice / Asian Style Sauteed Veggie Blend SALAD: Tuna Mac Salad SANDWICH: Roast Beef on Kaiser Roll with Lettuce, Tomato, Cheddar & Onions COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: GF General Tso’s Chicken, Jasmine Rice & Asian Style Sauteed Veggies HEALTHY CHOICE: Turkey Pinwheels w/Roasted Red Peppers & Spinach PIZZA: Spinach Ravioli & Cheesy Garlic Breadsticks DESSERT: White Chip Cranberry Cookies</p>	<p>SOUP: Loaded Potato Soup ENTRÉE: Carved Roasted New York Strip Steak w/GF Beef Gravy STARCH & VEGETABLE: Mashed Potatoes / Corn SALAD: Tuna Mac Salad SANDWICH: Roast Beef on Kaiser Roll with Lettuce, Tomato, Cheddar & Onions COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: GF Carved New York Strip Steak w/GF Gravy, Mashed Potatoes & Corn HEALTHY CHOICE: Turkey Pinwheels w/Roasted Red Peppers & Spinach PIZZA: Spinach Ravioli & Cheesy Garlic Breadsticks DESSERT: Strawberry Layer Cake</p>

BREAKFAST**LUNCH****DINNER**

<p>THURSDAY – 4/23 OMELETS TO ORDER</p> <p>Egg & Cheese on a Croissant</p>	<p>SOUP: Apple Pumpkin Bisque ENTRÉE: Chicken Marsala STARCH & VEGETABLE: Rice Pilaf / Italian Blend Veggies SALAD: Fresh Mozzarella & Tomato Caprese SANDWICH: Ham & Swiss on Pretzel Bun w/Lettuce, Tomato & Honey Mustard COOK’S CORNER: Stir Fry Bar DELI: BURRITO BAR! ALLERGEN: Chicken Marsala, Rice Pilaf & Italian Blend Veggies HEALTHY CHOICE: Cheese & Crackers w/Grapes PIZZA: BBQ Pulled Pork Pizza DESSERT: Assorted Cookies</p>	<p>SOUP: Apple Pumpkin Bisque ENTRÉE: Chicken Scarpiello (GF) – Sauteed Chicken Thighs w/Italian Tomato Ragu STARCH & VEGETABLE: Egg Noodles / Sauteed Spinach w/Garlic Oil SALAD: Fresh Mozzarella & Tomato Caprese SANDWICH: Ham & Swiss on Pretzel Bun w/Lettuce, Tomato & Honey Mustard COOK’S CORNER: Stir Fry Bar DELI: BURRITO BAR! ALLERGEN: GF Chicken Scarpiello, GF Rotini & Sauteed Spinach w/Garlic Oil HEALTHY CHOICE: Cheese & Crackers w/Grapes PIZZA: BBQ Pulled Pork Pizza DESSERT: Whoopie Pies</p>
<p>FRIDAY – 4/24 OMELETS TO ORDER</p> <p>French Toast</p>	<p>SOUP: Tomato Soup ENTRÉE: Beer Battered Cod STARCH & VEGETABLE: Sweet Potato Fries / Garden Blend Veggies SALAD: Veggie Pasta Salad SANDWICH: Turkey Sandwich on a Kaiser Roll w/Spinach & Cranberry Mayo COOK’S CORNER: Grilled Cheese Bar ALLERGEN: GF Grilled Turkey Melt on GF Bread, Chips & Garden Blend Veggies HEALTHY CHOICE: Chicken & Black Bean Salad PIZZA: Broccoli White Pizza DESSERT: Oatmeal Rasin Cookies</p>	<p>SOUP: Tomato Soup ENTRÉE: Chicken & Vegetable Lo Mein STARCH & VEGETABLE: Steamed Vegetable Dumplings / Roasted Cauliflower SALAD: Veggie Pasta Salad SANDWICH: Turkey Sandwich on a Kaiser Roll w/Spinach & Cranberry Mayo COOK’S CORNER: Grilled Cheese Bar ALLERGEN: GF Chicken & Vegetable Lo Mein Over Rice Noodles & Roasted Cauliflower HEALTHY CHOICE: Chicken & Black Bean Salad PIZZA: Broccoli White Pizza DESSERT: Tuxedo Mousse Cake</p>
<p>SATURDAY – 4/25 Continental Breakfast Omelets (CTO) 9:30am-11:00am</p>	<p>SOUP : Soup Du Jour ENTRÉE : Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Egg & Cheese on a Kaiser Roll (11:00-2:00) COOK’S CORNER: Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizza DESSERT: Assorted Pastries & Donuts</p>	<p>SOUP: Soup Du Jour ENTRÉE: Chicken Korma (GF) STARCH & VEGETABLE: Basmati Rice / Garlic Green Beans COOK’S CORNER: Closed ALLERGEN: GF Chicken Korma, Basmati Rice & Garlic Green Beans PIZZA: Assorted Pizza DESSERT: Sundae Bar</p>
<p>SUNDAY – 4/26 Continental Breakfast Omelets (CTO) 9:30am-11:00am</p>	<p>SOUP: Soup Du Jour ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Bread Pudding w/Vanilla Custard Sauce (11:00-2:00) COOK’S CORNER: Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizzas DESSERT: Assorted Pastries & Donuts</p>	<p>SOUP: Soup Du Jour ENTRÉE: Deconstructed Beef Kebab STARCH & VEGETABLE: Steamed Potatoes / Roasted Asparagus COOK’S CORNER: Closed ALLERGEN: GF Deconstructed Beef Kebab, Steamed Potatoes & Roasted Asparagus PIZZA: Assorted Pizza DESSERT: Sundae Bar</p>