

CHAMPLIN WEEKLY MENU

Week of March 30 – April 5

****Chicken Sandwich, Hamburgers & Cheeseburgers, Macaroni & Cheese: Everyday**

****Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays**

*** Visit our NEW Healthy Choice Station Monday-Friday, Located to the Left of the Pizza Station**

*** As of 4/1 the Deli will be Closed. Look for the Sandwich of the Day on the Salad Bar. Burrito Bar will be on Tuesdays and Thursdays at the Deli Station.**

~ Menu subject to change due to availability ~

Monday - Friday: Breakfast 7am – 10:30am Lunch 11am -4pm Dinner 4:30pm – 7pm
Saturday - Sunday: Breakfast 9:30am – 10:30am Lunch 11am -4pm Dinner 4:30pm – 6pm

BREAKFAST Available Daily: Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries
LUNCH Available Daily: Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Mac & Cheese, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream
DINNER Available Daily: Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

BREAKFAST	LUNCH	DINNER
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<p>MONDAY – 3/30 OMELETS TO ORDER Egg & Cheese on an English Muffin</p>	<p>SOUP: New England Clam Chowder ENTRÉE: Chicken Cordon Bleu STARCH & VEGETABLE: Roasted Potatoes / Corn SALAD: Fresh Mozzarella & Tomato Caprese SANDWICH: Turkey & Pepperjack w/Lettuce, Tomato & Thousand Island COOK’S CORNER: Philly Cheesesteak ALLERGEN: GF Chicken Cordon Bleu, Roasted Potatoes & Chateau Blend Veggies HEALTHY CHOICE: Flaked Tuna on Spinach w/Mandarin Oranges, Red Onion & Peppers w/Vinaigrette Dressing PIZZA: Veggie Lovers Pizza DESSERT: Smores Cookies</p>	<p>SOUP: New England Clam Chowder ENTRÉE: Meatballs & Marinara Sauce with Hoagie Roll STARCH & VEGETABLE: Garlic Toast / Italian Blend Veggies SALAD: Fresh Mozzarella & Tomato Caprese SANDWICH: Turkey & Pepperjack on Kaiser Roll w/Lettuce, Tomato & Thousand Island Dressing COOK’S CORNER: Philly Cheesesteak ALLERGEN: GF Meatballs & Marinara, GF Penne & Marinara, Asiago Cheese & Italian Blend Veggies HEALTHY CHOICE: Flaked Tuna on Spinach w/Mandarin Oranges, Red Onion & Peppers w/Vinaigrette Dressing PIZZA: Veggie Lovers Pizza DESSERT: Apple Pie</p>
<p>TUESDAY – 3/31 OMELETS TO ORDER Western Egg Wraps</p> <p>Blender Bike Smoothies at Lunch!</p>	<p>SOUP: Chicken Noodle Soup & Potato Leek Soup ENTRÉE: Hot Honey Chicken STARCH & VEGETABLE: Baked Beans / Baby Carrots SALAD: Tuna Mac Salad SANDWICH: Roast Beef w/Horseradish Sauce, Lettuce, Tomato & Cheddar COOK’S CORNER: Vietnamese Style Bahn Mi Pulled Chicken Sandwich DELI: BURRITO BAR! ALLERGEN: GF Hot Honey Chicken Tenders, Baked Beans & Baby Carrots HEALTHY CHOICE: Roasted Sweet Potatoes w/Feta, Pecans & Maple Drizzle PIZZA: Chicken Bacon Ranch Pizza DESSERT: Assorted Brownies</p>	<p>SOUP: Chicken Noodle Soup & Potato Leek Soup ENTRÉE: BBQ Pulled Beef STARCH & VEGETABLE: Cheddar Potato Skins / Steamed 5-way Veggie Blend SALAD: Tuna Mac Salad SANDWICH: Roast Beef w/Horseradish Sauce, Lettuce, Tomato & Cheddar COOK’S CORNER: Vietnamese Style Bahn Mi Pulled Chicken Sandwich DELI: BURRITO BAR! ALLERGEN: GF BBQ Pulled Beef, Baked Cheddar Potato Skin & Steamed 5-way Veggie Blend HEALTHY CHOICE: Roasted Sweet Potatoes w/Feta, Pecans & Maple Drizzle PIZZA: Chicken Bacon Ranch Pizza DESSERT: Make Your Own Berry Shortcake</p>
<p>WEDNESDAY – 4/1 OMELETS TO ORDER Egg & Cheese on a Biscuit</p> <p>Dole Whip Frozen Desserts Pop-Up @ Lunch!</p>	<p>SOUP: Vegetable Soup ENTRÉE: Chicken Teriyaki (GF) STARCH & VEGETABLE: Jasmine Rice / Broccoli SALAD: Broccoli Bacon Salad SANDWICH: Chicken Salad on a Croissant w/Spinach COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: GF Chicken Teriyaki, Jasmine Rice & Steamed Broccoli HEALTHY CHOICE: Grilled Chicken PIZZA: Garlic Knots, Baked Manicotti DESSERT: Lemon Cooler Cookies</p>	<p>SOUP: Vegetable Soup ENTRÉE: Grilled Pork Chops w/Dijon Herb Marinade STARCH & VEGETABLE: Buttered Corn Muffins / Monte Carlo Blend Veggies SALAD: Broccoli Bacon Salad SANDWICH: Chicken Salad on a Croissant w/Spinach COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: GF Grilled Pork Chops w/Dijon Herb Marinade, Steamed Potatoes & Monte Carlo Blend Veggies HEALTHY CHOICE: Grilled Chicken PIZZA: Garlic Knots, Baked Manicotti DESSERT: Carrot Cake</p>

BREAKFAST**LUNCH****DINNER****THURSDAY – 4/2**
OMELETS TO ORDER

Waffle Sandwich w/Egg & Sausage

SOUP: Italian Chicken Tortellini Soup & Bacon Cheddar Chowder
ENTRÉE: Grilled Jerk Chicken 1/8's w/Honey Glaze
STARCH & VEGETABLE: Parsley Buttered Potatoes / Sauteed Zucchini, Grape Tomato, Red Onion & Garlic
SALAD: Loaded Potato Salad
SANDWICH: Ham & Swiss on Kaiser Roll w/Caramelized Onions, Lettuce & Honey Mustard
COOK'S CORNER: SUSHI BAR!
ALLERGEN: GF Jerk Chicken, Parsley Buttered Potatoes & Sauteed Zucchini, Grape Tomato, Red Onion & Garlic
HEALTHY CHOICE: Cheesy Herb Stuffed Peppers
PIZZA: Garlic, Tomato & Spinach Pizza
DESSERT: Almond Joy Cookies

SOUP: Italian Chicken Tortellini Soup & Bacon Cheddar Chowder
ENTRÉE: Beef & Broccoli
STARCH & VEGETABLE: White Rice / Garlic Green Beans
SALAD: Loaded Potato Salad
SANDWICH: Ham & Swiss on Kaiser Roll w/Caramelized Onions, Lettuce & Honey Mustard
COOK'S CORNER: SUSHI BAR!
ALLERGEN: GF Beef & Broccoli, White Rice & Garlic Green Beans
HEALTHY CHOICE: Cheesy Herb Stuffed Peppers
PIZZA: Garlic, Tomato & Spinach Pizza
DESSERT: Cannoli

FRIDAY – 4/3
OMELETS TO ORDER

Egg & Cheddar in a Potato Skin

SOUP: Beef Vegetable Soup
ENTRÉE: Cajun Catfish w/Remoulade Sauce
STARCH & VEGETABLE: Rice Pilaf / California Blend Veggies
SALAD: DuJour
SANDWICH: Italian Sub- Ham, Salami, Pepperoni, Lettuce, Tomato, Roasted Red Peppers
COOK'S CORNER: Roasted or Fried Chicken Wrap
ALLERGEN: GF Breaded Chicken Wrap with Baked Lays
HEALTHY CHOICE: Hummus & Veggie Pinwheels w/Spinach, Mixed Greens, Peppers & Cucumbers
PIZZA: Four Cheese Pizza
DESSERT: Chocolate Chunk Cookies

SOUP: Beef Vegetable Soup
ENTRÉE: Carved Roast Beef w/Beef Gravy
STARCH & VEGETABLE: Mashed Potatoes / Chateau Blend Veggies
SALAD: DuJour
SANDWICH: Italian Sub- Ham, Salami, Pepperoni, Lettuce, Tomato, Roasted Red Peppers
COOK'S CORNER: Roasted or Fried Chicken Wrap
ALLERGEN: Carved Roast Beef w/GF Beef Gravy, Mashed Potatoes & Chateau Blend Veggies
HEALTHY CHOICE: Hummus & Veggie Pinwheels w/Spinach, Mixed Greens, Peppers & Cucumbers
PIZZA: Four Cheese Pizza
DESSERT: Pumpkin Pie

SATURDAY – 4/4
Continental Breakfast Omelets (CTO)
9:30am-11:00am

SOUP: Soup Du Jour
ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00)
 Breakfast Quesadilla (11:00-2:00)
COOK'S CORNER: Omelets
HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar
ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread
PIZZA: Assorted Pizza
DESSERT: Assorted Pastries & Donuts

SOUP: Soup Du Jour
ENTRÉE: Chicken Pepperatta (GF)
STARCH & VEGETABLE: Rotini Pasta / Sauteed Spinach w/Garlic Oil
COOK'S CORNER: Closed
ALLERGEN: GF Chicken Pepperatta, GF Pasta & Sauteed Spinach w/Garlic Oil
PIZZA: Assorted Pizza
DESSERT: Sundae Bar

SUNDAY – 4/5
Continental Breakfast Omelets (CTO)
9:30am-11:00am

Champlin Closing at 3:00pm

SOUP: Soup Du Jour
ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00)
 French Toast (11:00-2:00)
COOK'S CORNER: Omelets
HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar
ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread
PIZZA: Assorted Pizzas
DESSERT: Assorted Pastries & Donuts

CHAMPLIN CLOSED**Easter Dinner @ Coby's**
3pm – runout

Roasted Leg of Lamb w/GF Gravy
 Roasted Asparagus
 Baby Baked Potatos
 Assorted Dinner Rolls & Holiday Cupcakes

