

CHAMPLIN WEEKLY MENU

Week of September 15-21

<u>Monday - Friday:</u>
Breakfast 7am - 10:30am
Lunch 11am - 4pm
Dinner 4:30pm - 7pm

<u>Saturday- Sunday:</u>
Breakfast 9:30am - 10:30am
Lunch 11am - 4pm
Dinner 4:30pm - 6pm

<u>BREAKFAST Available Daily:</u> Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries
<u>LUNCH Available Daily:</u> Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Mac & Cheese, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream
<u>DINNER Available Daily:</u> Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

- **Chicken Sandwich, Hamburgers & Cheeseburgers: Everyday**
****Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays**
****Macaroni & Cheese Everyday (Next to French Fries)**
*** Salad of the Week: Make Your Own Greek Salad – Bed of Greens with Grape Tomatoes, Sliced Red Onion, Sliced Peppers, Kalamata Olives, Feta Cheese & Greek Salad Dressing**

~ Menu subject to change due to availability ~

BREAKFAST	LUNCH	DINNER
MONDAY – 9/15 OMELETS TO ORDER Egg & Cheese on a Croissant	SOUP: Turkey Rice Soup ENTRÉE: Pretzel Crusted Chicken with a Dijon Glaze STARCH & VEGETABLE: Sweet Potato Wedges / Monte Carlo Vegetables SALAD: Cucumber Salad with Vinaigrette COOK’S CORNER: BUILD YOUR OWN BURGER BAR! With Assorted Toppings & Seasoned Waffle Fries ALLERGEN: GF Breaded Chicken with Dijon Glaze, GF Baked Sweet Potato Wedges & Monte Carlo Blend Vegetables PIZZA: BBQ Chicken Pizza DESSERT: Magic Cookie Bars	SOUP: Turkey Rice Soup ENTRÉE: Baked Maple Ham STARCH & VEGETABLE: Au Gratin Potatoes / California Blend Vegetables SALAD: Cucumber Salad with Vinaigrette COOK’S CORNER: BUILD YOUR OWN BURGER BAR! With Assorted Toppings & Seasoned Waffle Fries ALLERGEN: GF Baked Maple Ham, GF Au Gratin Potatoes & California Blend Vegetables PIZZA: BBQ Chicken Pizza DESSERT: Chocolate Cream Pie
TUESDAY 9/16 OMELETS TO ORDER Birds Nest BAGEL POP-UP BAR! Assorted Bagels and toppings (7:00 AM until out)	SOUP: Thai Chicken Noodle ENTRÉE: Seared Salmon with Wasabi Ponzu Sauce STARCH & VEGETABLE: Veggie Fried Rice / Broccoli & Yellow Squash with Ginger Butter SALAD: Mediterranean Pasta Salad COOK’S CORNER: PEANUT BUTTER & JELLY BAR! With Assorted Toppings DELI: BURRITO BAR! ALLERGEN: GF Chicken & Vegetable Fried Rice, Sauteed Yellow Squash & Broccoli PIZZA: Broccoli White Pizza DESSERT: Frosted Funfetti Cookie Bars	SOUP: Thai Chicken Noodle ENTRÉE: Creamy Tuscan Chicken STARCH & VEGETABLE: Rotini Pasta / Roasted Asparagus SALAD: Mediterranean Pasta Salad COOK’S CORNER: French Dip with Choice of Toppings DELI: BURRITO BAR! ALLERGEN: GF Creamy Tuscan Chicken, GF Rotini & Roasted Asparagus PIZZA: Broccoli White Pizza DESSERT: Lemoncello Cake
WEDNESDAY – 9/17 OMELETS TO ORDER Egg & Cheese on a Biscuit	SOUP: French Onion Soup ENTRÉE: Pepper Steak STARCH & VEGETABLE: Jasmine Rice / Snap Peas with Sauteed Garlic SALAD: Tomato Salad COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: GF Pepper Steak Served Over Jasmine Rice & Snap Peas with Sauteed Garlic PIZZA: Cheesy Garlic Bread / Cheese Tortellini with Marina Sauce & Asiago Cheese DESSERT: Cream Puffs	SOUP: French Onion Soup ENTRÉE: Grilled Pork Chops with Dijon Herb Marinade STARCH & VEGETABLE: Salt Potatoes / Sauteed Mixed Veggies SALAD: Tomato Salad COOK’S CORNER: Pasta Action with choice of Chicken, Shrimp, Sausage, Veggies, & Sauces ALLERGEN: GF Pork Chops with Dijon Herb Marinade, Salt Potatoes & Sauteed Mixed Veggie Blend PIZZA: Cheesy Garlic Bread / Cheese Tortellini with Marina Sauce & Asiago Cheese DESSERT: Cupcakes
THURSDAY – 9/18 OMELETS TO ORDER Bacon, Egg & Cheese Strudel	SOUP: Broccoli Cheddar Soup ENTRÉE: COMFORT FOOD POP-UP! Fried Chicken, Mac & Cheese STARCH & VEGETABLE: Mashed Potatoes / Buttered Corn SALAD: Sea Leg Salad COOK’S CORNER: STIR FRY BAR! DELI: BURRITO BAR! ALLERGEN: GF Breaded Chicken Tenders, Mashed Potatoes & Corn PIZZA: Chicken Parm Pizza DESSERT: Dessert Bars	SOUP: Broccoli Cheddar Soup ENTRÉE: COMFORT FOOD POP-UP! Hearty Beef Stew with Carrots, Celery, Onions & Potatoes STARCH & VEGETABLE: Egg Noodles / Roasted Brussel Sprouts SALAD: Sea Leg Salad COOK’S CORNER: STIR FRY BAR! DELI: BURRITO BAR! ALLERGEN: GF Beef Stew, GF Rotini & Roasted Brussel Sprouts PIZZA: Chicken Parm Pizza DESSERT: Tiramisu
FRIDAY – 9/19 OMELETS TO ORDER Egg & Cheese on a Bagel	SOUP: Tomato Soup ENTRÉE: Orange Chicken STARCH & VEGETABLE: White Rice / Steamed Broccoli COOK’S CORNER: GRILLED CHEESE BAR! With Choice of Toppings DELI: BURRITO BAR! ALLERGEN: GF Orange Chicken with GF Breaded Chicken Served Over White Rice & Steamed Broccoli PIZZA: French Bread Pizza DESSERT: Sugar Cookies	SOUP: Tomato Soup ENTRÉE: Roasted Sliced Pork Loin STARCH & VEGETABLE: Garlic & Parmesan Roasted Potatoes / Glazed Baby Carrots COOK’S CORNER: GRILLED CHEESE BAR! With Choice of Toppings DELI: BURRITO BAR! ALLERGEN: Roasted Sliced Pork Loin, Garlic Parm Roasted Potatoes & Baby Carrots PIZZA: French Bread Pizza DESSERT: Cheesecake with Assorted Toppings
SATURDAY – 9/20 Continental Breakfast Omelets (CTO) 9:30am-11:00am	SOUP : Soup Du Jour ENTRÉE : Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) French Toast (11:00-2:00) COOK’S CORNER : Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizza DESSERT: Assorted Pastries, Muffins & Donuts	SOUP: Soup Du Jour ENTRÉE: Sliced Sirloin with Sauteed Mushrooms & Beef Gravy STARCH & VEGETABLE: Baked Potatoes with Butter & Sour Cream / Garlic Green Beans COOK’S CORNER: Closed ALLERGEN: Sliced Sirloin with Sauteed Mushrooms & GF Beef Gravy, Baked Potatoes with Sour Cream & Butter on the Side & Green Beans PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties
SUNDAY – 9/21 Continental Breakfast Omelets (CTO) 9:30am-11:00am	SOUP: Soup Du Jour ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Bacon, Egg, Potato & Cheddar Cheese Casserole (11:00-2:00) COOK’S CORNER : Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizzas DESSERT: Assorted Pastries, Muffins & Donuts	SOUP : Soup Du Jour ENTRÉE : Chicken Fajita with Peppers & Onions, Assorted Toppings & Tortillas STARCH & VEGETABLE: Red Beans & Rice / Steamed Mixed Veggie Blend COOK’S CORNER : Closed ALLERGEN: GF Chicken Fajita with Peppers & Onions, Assorted Toppings & GF Tortillas, Red Beans and Rice, & Steamed Mixed Veggies PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties