### **CHAMPLIN WEEKLY MENU**

## Week of November 10-16

\*\*Chicken Sandwich, Hamburgers & Cheeseburgers: Everyday

\*\*Pasta served with 3 Sauces at Pizza Station every Lunch & Dinner except special Pasta Wednesdays

\*\*Macaroni & Cheese Everyday (Next to French Fries)

\* Salad of the Week: Make Your Own Greek Salad – Bed of Greens with Grape Tomatoes, Sliced Red Onion, Sliced Peppers, Kalamata Olives, Feta Cheese & Greek Salad Dressing

Monday - Friday: BREAKFAST Available Daily:

Breakfast 7am - 10:30am

Breakfast 9:30am - 10:30am

Lunch 11am -4pm

<u>Saturday - Sunday</u>:

Dinner 4:30pm - 7pm

Lunch 11am -3:30pm

Dinner 4:00pm - 6pm

Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries

#### **LUNCH Available Daily:**

Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Mac & Cheese, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

### **DINNER Available Daily**:

Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream

	Peppers, Kalamata Olives, Feta Cheese & Greek Salad Dressing subject to change due to availability ~	
MONDAY – 11/10	SOUP: Turkey Rice Soup	SOUP: Turkey Rice Soup
OMELETS TO ORDER	ENTRÉE: Orange Chicken	ENTRÉE: Baked Maple Ham
	STARCH & VEGETABLE: Jasmine Rice / Snap Peas w/Sauteed Garlic	STARCH & VEGETABLE: Au Gratin Potatoes / Roasted Brussel Sprouts
Egg & Cheese on a Croissant	SALAD: Cucumber Salad with Vinaigrette	SALAD: Cucumber Salad with Vinaigrette
	COOK'S CORNER: French Dip	COOK'S CORNER: French Dip
SALUTE TO BACON!	<b>ALLERGEN:</b> GF Orange Chicken w/GF Breaded Chicken, Jasmine Rice	<b>ALLERGEN:</b> GF Baked Maple Ham, GF Au Gratin Potatoes & Roasted
11:30am-4:00pm	& Snap peas w/Sauteed Garlic	Brussel Sprouts
Bacon Cheeseburgers,	PIZZA: BBQ Chicken Pizza	PIZZA: BBQ Chicken Pizza
Chicken, Bacon, Ranch	DESSERT: Magic Cookie Bars	<b>DESSERT</b> : Chocolate Cream Pie
Wraps or Sandwiches		
<b>TUESDAY - 11/11</b>	SOUP: French Onion Soup & Creamy Cheddar Bacon Soup	SOUP: French Onion Soup & Creamy Cheddar Bacon Soup
OMELETS TO ORDER	ENTRÉE: Lemon Pepper Chicken	ENTRÉE: Seared Salmon with Wasabi Ponzu Sauce
Birds Nest	STARCH & VEGETABLE: Cous Cous / Monte Carlo Blend Vegetables	STARCH & VEGETABLE: Veggie Fried Rice & Broccoli & Yellow Squash
	SALAD: Ancient Grain, Mushroom & Spinach Salad	with Ginger Butter
VETERANC FREE	COOK'S CORNER: Vietnamese Style Bahn Mi Pulled Chicken	SALAD: Ancient Grain, Mushroom & Spinach Salad
VETERANS FREE	Sandwich w/Assorted Toppings	COOK'S CORNER: Vietnamese Style Bahn Mi Pulled Chicken
LUNCH	DELI: BURRITO BAR!	Sandwich w/Assorted Toppings
STUDENTS, FACULTY	<b>ALLERGEN:</b> GF Lemon Pepper Chicken, Rice & Monte Carlo Veggies <b>PIZZA:</b> Broccoli White Pizza	<b>DELI:</b> BURRITO BAR! <b>ALLERGEN:</b> GF Chicken & Vegetable Fried Rice and Sauteed Yellow
& STAFF	DESSERT: Assorted Tarts	Squash & Broccoli
	DEGETTI. / 10001 (00 1010)	PIZZA: Broccoli White Pizza
		DESSERT: Limoncello Cake
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WEDNESDAY -	SOUP: Thai Chicken Noodle Soup ENTRÉE: Grilled Pork Chops with Dijon Herb Marinade	SOUP: Thai Chicken Noodle Soup ENTRÉE: Sliced Sirloin with Sauteed Mushrooms & Beef Gravy
11/12	STARCH & VEGETABLE: Salt Potatoes / Sauteed Mixed Veggies	STARCH & VEGETABLE: Baked Potatoes with Butter & Sour Cream /
OMELETS TO ORDER	SALAD: Tomato Salad	Garlic Green Beans
Egg & Cheese on a Biscuit	COOK'S CORNER: Pasta Action w/ choice of Chicken, Shrimp,	SALAD: Tomato Salad
<b>-</b> &	Sausage, Veggies & Sauces	COOK'S CORNER: Pasta Action w/ choice of Chicken, Shrimp,
	ALLERGEN: GF Grilled Pork Chops with Dijon Herb Marinade, Salt	Sausage, Veggies & Sauces
VETERANS FREE	Potatoes & Sauteed Mixed Veggies	ALLERGEN: Sliced Sirloin with Sauteed Mushrooms & GF Beef Gravy,
LUNCH	PIZZA: Cheesy Garlic Bread / Cheese Tortellini with Marinara Sauce &	Baked Potatoes w/Sour Cream & Butter on Side & Garlic Green Beans
	Asiago Cheese	PIZZA: Cheesy Garlic Bread / Cheese Tortellini with Marinara Sauce &
STUDENTS, FACULTY	<b>DESSERT:</b> Cream Puffs	Asiago Cheese
& STAFF		DESSERT: Cupcakes
THURSDAY - 11/13	SOUP: Broccoli Cheddar & Chicken Noodle Soup	SOUP: Broccoli Cheddar & Chicken Noodle Soup
OMELETS TO ORDER	ENTRÉE: Pepper Steak	<b>ENTRÉE:</b> Chicken Scarpiello – Italian Inspired Braised Chicken in Sweet & Spicy
Bacon, Egg & Cheese	STARCH & VEGETABLE: White Rice / Steamed Broccoli	Tomato Sauce w/Cherry Peppers, Onions & Garlic
Strudel	SALAD: Sealeg Salad	STARCH & VEGETABLE: Egg Noodles / Chateau Blend Vegetables
Strudet	COOK'S CORNER: STIR FRY BAR!	SALAD: Sealeg Salad
	DELI: BURRITO BAR!	COOK'S CORNER: STIR FRY BAR!
VETERANS FREE	ALLERGEN: GF Pepper Steak, White Rice & Steamed Broccoli	DELI: BURRITO BAR!
LUNCH	PIZZA: Chicken Parm Pizza	ALLERGEN: GF Chicken Scarpiello, GF Rotini & Chateau Blend Veggies
STUDENTS, FACULTY	<b>DESSERT:</b> Dessert Bars	PIZZA: Chicken Parm Pizza
& STAFF		DESSERT: Tiramisu
FRIDAY-11/14	SOUP: Tomato Soup	SOUP: Tomato Soup
OMELETS TO ORDER	ENTRÉE: Fried Chicken	ENTRÉE: Roasted Sliced Pork Loin
Egg & Cheese on a Bagel	STARCH & VEGETABLE: Steamed Potatoes / Buttered Corn	STARCH & VEGETABLE: Garlic & Parmesan Roasted Potatoes / Glazed
Egg & Cheese on a baget	COOK'S CORNER: Grilled Cheese Bar!	Baby Carrots
	DELI: BURRITO BAR!	COOK'S CORNER: Grilled Cheese Bar!
VETERANS FREE	ALLERGEN: GF Breaded Chicken Tenders, GF Mac & Cheese & Corn	DELI: BURRITO BAR!
LUNCH	PIZZA: French Bread Pizza	ALLERGEN: Roasted Sliced Pork Loin, Garlic & Parmesan Roasted
STUDENTS, FACULTY	DESSERT: Sugar Cookies	Potatoes & Baby Carrots
& STAFF		PIZZA: French Bread Pizza
		<b>DESSERT:</b> Cheesecakes with Assorted Toppings
SATURDAY - 11/15	SOUP: Soup Du Jour	SOUP: Soup Du Jour
Continental Breakfast	ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00)	ENTRÉE: Creamy Tuscan Chicken
Omelets (CTO)	French Toast (11:00-2:00)	STARCH & VEGETABLE: Rotini Pasta / Roasted Asparagus
9:30am-11:00am	COOK'S CORNER: Omelets	COOK'S CORNER: Closed
9.30am-11.00am	HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, craisins,	ALLERGEN: GF Creamy Tuscan Chicken, GF Rotini & Roasted Asparagus
	maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar	PIZZA: Assorted Pizza
	ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss,	DESSERT: Ice Cream Novelties
	Cheddar, American or Provolone on GF Bread	
	DI77A. Assorted Dizza	
	PIZZA: Assorted Pizza  DESSERT: Assorted Pastries, Muffins & Donuts	

# SUNDAY - 11/16

Continental Breakfast Omelets (CTO)

9:30am-11:00am

**SOUP:** Soup Du Jour **ENTRÉE:** Breakfast P

**ENTRÉE**: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs

(9:30-2:00)

Bacon, Egg, Potato & Cheddar Cheese Casserole (11:00-2:00)

COOK'S CORNER: Omelets

HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread

**PIZZA:** Assorted Pizzas **DESSERT:** Assorted Pastries, Muffins & Donuts

SOUP: Soup Du Jour

ENTRÉE: Chicken Fajita with Assorted Toppings

STARCH & VEGETABLE: Red Beans & Rice & California Blend Veggies

COOK'S CORNER: Closed

**ALLERGEN:** GF Chicken Fajita with Assorted Toppings, Red Beans & Rice &

California Blend Veggies

PIZZA: Assorted Pizza

DESSERT: Ice Cream Novelties