

Week of November 10-16

MONDAY – 11/10 OMELETS TO ORDER Egg & Cheese on a Croissant SALUTE TO BACON! 11:30am-4:00pm Bacon Cheeseburgers, Chicken, Bacon, Ranch Wraps or Sandwiches	SOUP: Turkey Rice Soup ENTRÉE: Orange Chicken STARCH & VEGETABLE: Jasmine Rice / Snap Peas w/Sauteed Garlic SALAD: Cucumber Salad with Vinaigrette COOK’S CORNER: French Dip ALLERGEN: GF Orange Chicken w/GF Breaded Chicken, Jasmine Rice & Snap peas w/Sauteed Garlic PIZZA: BBQ Chicken Pizza DESSERT: Magic Cookie Bars	SOUP: Turkey Rice Soup ENTRÉE: Baked Maple Ham STARCH & VEGETABLE: Au Gratin Potatoes / Roasted Brussel Sprouts SALAD: Cucumber Salad with Vinaigrette COOK’S CORNER: French Dip ALLERGEN: GF Baked Maple Ham, GF Au Gratin Potatoes & Roasted Brussel Sprouts PIZZA: BBQ Chicken Pizza DESSERT: Chocolate Cream Pie
TUESDAY – 11/11 OMELETS TO ORDER Birds Nest VETERANS FREE LUNCH STUDENTS, FACULTY & STAFF	SOUP: French Onion Soup & Creamy Cheddar Bacon Soup ENTRÉE: Lemon Pepper Chicken STARCH & VEGETABLE: Cous Cous / Monte Carlo Blend Vegetables SALAD: Ancient Grain, Mushroom & Spinach Salad COOK’S CORNER: Vietnamese Style Bahn Mi Pulled Chicken Sandwich w/Assorted Toppings DELI: BURRITO BAR! ALLERGEN: GF Lemon Pepper Chicken, Rice & Monte Carlo Veggies PIZZA: Broccoli White Pizza DESSERT: Assorted Tarts	SOUP: French Onion Soup & Creamy Cheddar Bacon Soup ENTRÉE: Seared Salmon with Wasabi Ponzu Sauce STARCH & VEGETABLE: Veggie Fried Rice & Broccoli & Yellow Squash with Ginger Butter SALAD: Ancient Grain, Mushroom & Spinach Salad COOK’S CORNER: Vietnamese Style Bahn Mi Pulled Chicken Sandwich w/Assorted Toppings DELI: BURRITO BAR! ALLERGEN: GF Chicken & Vegetable Fried Rice and Sauteed Yellow Squash & Broccoli PIZZA: Broccoli White Pizza DESSERT: Limoncello Cake
WEDNESDAY – 11/12 OMELETS TO ORDER Egg & Cheese on a Biscuit VETERANS FREE LUNCH STUDENTS, FACULTY & STAFF	SOUP: Thai Chicken Noodle Soup ENTRÉE: Grilled Pork Chops with Dijon Herb Marinade STARCH & VEGETABLE: Salt Potatoes / Sauteed Mixed Veggies SALAD: Tomato Salad COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: GF Grilled Pork Chops with Dijon Herb Marinade, Salt Potatoes & Sauteed Mixed Veggies PIZZA: Cheesy Garlic Bread / Cheese Tortellini with Marinara Sauce & Asiago Cheese DESSERT: Cream Puffs	SOUP: Thai Chicken Noodle Soup ENTRÉE: Sliced Sirloin with Sauteed Mushrooms & Beef Gravy STARCH & VEGETABLE: Baked Potatoes with Butter & Sour Cream / Garlic Green Beans SALAD: Tomato Salad COOK’S CORNER: Pasta Action w/ choice of Chicken, Shrimp, Sausage, Veggies & Sauces ALLERGEN: Sliced Sirloin with Sauteed Mushrooms & GF Beef Gravy, Baked Potatoes w/Sour Cream & Butter on Side & Garlic Green Beans PIZZA: Cheesy Garlic Bread / Cheese Tortellini with Marinara Sauce & Asiago Cheese DESSERT: Cupcakes
THURSDAY – 11/13 OMELETS TO ORDER Bacon, Egg & Cheese Strudel VETERANS FREE LUNCH STUDENTS, FACULTY & STAFF	SOUP: Broccoli Cheddar & Chicken Noodle Soup ENTRÉE: Pepper Steak STARCH & VEGETABLE: White Rice / Steamed Broccoli SALAD: Sealeg Salad COOK’S CORNER: STIR FRY BAR! DELI: BURRITO BAR! ALLERGEN: GF Pepper Steak, White Rice & Steamed Broccoli PIZZA: Chicken Parm Pizza DESSERT: Dessert Bars	SOUP: Broccoli Cheddar & Chicken Noodle Soup ENTRÉE: Chicken Scarpiello – Italian Inspired Braised Chicken in Sweet & Spicy Tomato Sauce w/Cherry Peppers, Onions & Garlic STARCH & VEGETABLE: Egg Noodles / Chateau Blend Vegetables SALAD: Sealeg Salad COOK’S CORNER: STIR FRY BAR! DELI: BURRITO BAR! ALLERGEN: GF Chicken Scarpiello, GF Rotini & Chateau Blend Veggies PIZZA: Chicken Parm Pizza DESSERT: Tiramisu
FRIDAY – 11/14 OMELETS TO ORDER Egg & Cheese on a Bagel VETERANS FREE LUNCH STUDENTS, FACULTY & STAFF	SOUP: Tomato Soup ENTRÉE: Fried Chicken STARCH & VEGETABLE: Steamed Potatoes / Buttered Corn COOK’S CORNER: Grilled Cheese Bar! DELI: BURRITO BAR! ALLERGEN: GF Breaded Chicken Tenders, GF Mac & Cheese & Corn PIZZA: French Bread Pizza DESSERT: Sugar Cookies	SOUP: Tomato Soup ENTRÉE: Roasted Sliced Pork Loin STARCH & VEGETABLE: Garlic & Parmesan Roasted Potatoes / Glazed Baby Carrots COOK’S CORNER: Grilled Cheese Bar! DELI: BURRITO BAR! ALLERGEN: Roasted Sliced Pork Loin, Garlic & Parmesan Roasted Potatoes & Baby Carrots PIZZA: French Bread Pizza DESSERT: Cheesecakes with Assorted Toppings
SATURDAY – 11/15 Continental Breakfast Omelets (CTO) 9:30am-11:00am	SOUP : Soup Du Jour ENTRÉE : Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) French Toast (11:00-2:00) COOK’S CORNER: Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizza DESSERT: Assorted Pastries, Muffins & Donuts	SOUP: Soup Du Jour ENTRÉE: Creamy Tuscan Chicken STARCH & VEGETABLE: Rotini Pasta / Roasted Asparagus COOK’S CORNER: Closed ALLERGEN: GF Creamy Tuscan Chicken, GF Rotini & Roasted Asparagus PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties
SUNDAY – 11/16 Continental Breakfast Omelets (CTO) 9:30am-11:00am	SOUP: Soup Du Jour ENTRÉE: Breakfast Potatoes, Bacon, Sausage & Scrambled Eggs (9:30-2:00) Bacon, Egg, Potato & Cheddar Cheese Casserole (11:00-2:00) COOK’S CORNER: Omelets HOT CERAL BAR: Oatmeal / Cream of Wheat with dried cherries, craisins, maple syrup, choc chips, spiced apples, coconut cinnamon, brown sugar ALLERGEN: GF Sandwich Bar w/ Choice of Ham, Roast Beef, Turkey, Swiss, Cheddar, American or Provolone on GF Bread PIZZA: Assorted Pizzas DESSERT: Assorted Pastries, Muffins & Donuts	SOUP : Soup Du Jour ENTRÉE : Chicken Fajita with Assorted Toppings STARCH & VEGETABLE: Red Beans & Rice & California Blend Veggies COOK’S CORNER : Closed ALLERGEN: GF Chicken Fajita with Assorted Toppings, Red Beans & Rice & California Blend Veggies PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties

<u>BREAKFAST Available Daily:</u> Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles & Pancakes, Breakfast Potatoes, Bagels/Pastries
<u>LUNCH Available Daily:</u> Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings, Mac & Cheese, Pizza, MYO Waffles & Pancakes, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream
<u>DINNER Available Daily:</u> Hamburgers Cheeseburgers, Chicken Sandwich, Fries, Onion Rings Pizza, CTO, Hot Bar, Deli, Salad Bar, & Ice Cream