

# CHAMPLIN WEEKLY MENU

**Week of  
April 15 - 21**

**SEE OPENING HOURS ON CAS.COBLESKILL.EDU**

**CHAMPLIN (Begin 1/29)**

Breakfast	Mon-Fri	7:00am - 10:30am
Lunch	Mon-Fri	11:00am - 4:00pm
Dinner	Mon-Fri	4:30pm - 7:00pm
Breakfast	Sat&Sun	9:30am - 11:00am
Brunch/Lunch/Dinner	Sat&Sun	11:00am - 6:00pm

**CLOSED for CLEANING:  
Mon - Fri: 10:30-11am & 4:00-4:30pm**

**BREAKFAST Available Daily:**

Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles, Breakfast Potatoes, Bagels/Pastries

**LUNCH Available Daily:**

Hamburgers, Cheeseburgers, Fries, Pizza, CTO, Hot Bar, Deli, Salad Bar, MYO Waffles, Ice Cream

**DINNER Available Daily:**

Hamburgers, Cheeseburgers, Fries, Pizza, CTO, Hot Bar, Deli, Salad Bar, Ice Cream

**\*\*Chicken Sandwich: Mon/Wed/Fri/Sun**

**\*\*Cheeseburger: Tues/Thurs**

**\*\*Fish Sandwich: Sat**

## BREAKFAST

## LUNCH - Allergen until 2pm / Hot Bar until 3pm

## DINNER

<p><b>MONDAY 4/15</b> <b>OMELETS TO ORDER</b> Egg &amp; Cheese on a Bagel</p>	<p><b>SOUP:</b> Turkey Rice <b>ENTRÉE:</b> Lemon Pepper Chicken Breast / Veggie Stuffed Peppers w/ Meatless Crumbles <b>STARCH &amp; VEGETABLE:</b> Rotini Pasta / Steamed Veggies <b>COOK'S CORNER:</b> Macaroni &amp; Cheese Bar <b>ALLERGEN:</b> Lemon Pepper Chicken Breast w/Rotini Pasta / Steamed Veg Blend <b>PIZZA:</b> English Muffin Pizza <b>DESSERT:</b> Sugar Cookies</p>	<p><b>SOUP:</b> Turkey Rice <b>ENTRÉE:</b> Sweet Sour Chicken Tempura w/ Peppers &amp; Pineapple / Baked Stuffed Shells <b>STARCH &amp; VEGETABLE:</b> Jasmine Rice / Bermuda Blend Veggies <b>COOK'S CORNER:</b> Macaroni &amp; Cheese Bar <b>ALLERGEN:</b> GF Sweet &amp; Sour Chicken w/ Peppers &amp; Pineapple / Jasmine Rice &amp; Bermuda Veg <b>PIZZA:</b> English Muffin Pizza <b>DESSERT:</b> Tiramisu</p>
<p><b>TUESDAY - 4/16</b> <b>OMELETS TO ORDER</b> Bread Pudding w/ Vanilla Custard Sauce</p>	<p><b>SOUP:</b> Vegetable Soup <b>ENTRÉE:</b> Herb Roasted Pork Loin w/Gravy / Vegetarian Flatbread topped w/ Veggies, Humus, Pecans, Craisins &amp; Feta <b>STARCH &amp; VEGETABLE:</b> Rice Pilaf / Baby Carrots <b>COOK'S CORNER:</b> Curried Chicken Salad on Croissant <b>ALLERGEN:</b> Herb Roasted Pork Loin / Rice Pilaf / Baby Carrots <b>PIZZA:</b> Stromboli <b>DESSERT:</b> M &amp; M Cookies</p>	<p><b>SOUP:</b> Vegetable Soup <b>ENTRÉE:</b> Chicken &amp; Biscuits / Fried Portabella Sandwich w/RRP, Provolone &amp; Horsey Sauce on a roll w/LTO on the side <b>STARCH &amp; VEGETABLE:</b> Mashed Potatoes &amp; Corn <b>COOKS CORNER:</b> French Dip Sandwich <b>ALLERGEN:</b> GF Chicken &amp; Biscuits, Mashed Potatoes &amp; Corn <b>PIZZA:</b> Stromboli <b>DESSERT:</b> Chocolate Trifle</p>
<p><b>WEDNESDAY - 4/17</b> <b>OMELETS TO ORDER</b> Breakfast Pizza Veggie/Meat</p>	<p><b>SOUP:</b> French Onion <b>ENTRÉE:</b> Wing Bar w/sauces / Szechuan Style Green Beans w/Fried Tofu <b>STARCH &amp; VEGETABLE:</b> Steamed Potatoes / Cali Blend Veggies <b>COOK'S CORNER:</b> Pasta Action with choice of Chicken, Shrimp, Sausage &amp; Veggies <b>ALLERGEN:</b> GF Chicken Nuggets, Steamed Potatoes &amp; Cali Blend Veggies <b>PIZZA:</b> Cheesy Garlic Bread Sticks <b>DESSERT:</b> Cream Puffs &amp; Eclairs</p>	<p><b>SOUP:</b> French Onion <b>ENTRÉE:</b> Roasted London Broil / Falafel w/Pita Bread, LTO &amp; Tzatziki <b>STARCH &amp; VEGETABLE:</b> Baked Potatoes / Roasted Asparagus <b>COOK'S CORNER:</b> Pasta Action with choice of Chicken, Shrimp &amp; Veggies <b>ALLERGEN:</b> Roasted London Broil, Baked Potatoes, Roasted Asparagus <b>PIZZA:</b> Cheesy Garlic Bread Sticks <b>DESSERT:</b> Lemon Cream Cake</p>
<p><b>THURSDAY - 4/18</b> <b>OMELETS TO ORDER</b> Belgian Waffles</p>	<p><b>SOUP:</b> Chicken Corn Chowder <b>ENTRÉE:</b> BBQ Pork Ribs / Bowtie Pasta Toss w/Asparagus, Squash, Peppers &amp; Garlic <b>STARCH &amp; VEGETABLE:</b> Sweet Potato Fries / Broccoli <b>COOK'S CORNER:</b> Stir Fry Bar - Assorted fillings <b>DELI:</b> Burrito Bar w/ Toppings <b>ALLERGEN:</b> BBQ Pork Ribs / Sweet Potato Fries / Broccoli <b>PIZZA:</b> Hawaiian Pizza <b>DESSERT:</b> Strawberry Cookies</p>	<p><b>SOUP:</b> Chicken Corn Chowder <b>ENTRÉE:</b> Cracker Breaded Fried Cod / Broccoli Cheddar Potato Skins <b>STARCH &amp; VEGETABLE:</b> Confetti Couscous / Garlic Green Beans <b>COOK'S CORNER:</b> Stir Fry Bar - Assorted fillings <b>DELI:</b> Burrito Bar w/ Toppings <b>ALLERGEN:</b> Roasted Chicken, Scalloped Potatoes, Sauteed Spinach <b>PIZZA:</b> Hawaiian Pizza <b>DESSERT:</b> Cookies &amp; Cream Pie</p>
<p><b>FRIDAY - 4/19</b> <b>OMELETS TO ORDER</b> Egg, Cheese on Croissant</p>	<p><b>SOUP:</b> Tomato <b>ENTRÉE:</b> Beef Gyros w/ Flat Bread, Lettuce, Tomatoes / Penne a la Vodka <b>STARCH &amp; VEGETABLE:</b> Waffle Fries / Sauteed Veggies <b>COOK'S CORNER:</b> Grilled Cheese Bar with choice of toppings <b>ALLERGEN:</b> GF Penne &amp; Broccoli Alfredo w/Grilled Chicken <b>PIZZA:</b> Broccoli White Pizza <b>DESSERT:</b> Peanut Butter Cookies</p>	<p><b>SOUP:</b> Tomato <b>ENTRÉE:</b> Shrimp &amp; Veggie LoMein / Portabella Wellington in Puff Pastry <b>STARCH &amp; VEGETABLE:</b> Egg Rolls / Asian Style Veggie Blend <b>COOK'S CORNER:</b> Grilled Cheese Bar with choice of toppings <b>ALLERGEN:</b> GF Chicken &amp; Veggie LoMein over Rice Noodles w/Snap Peas <b>PIZZA:</b> Broccoli White Pizza <b>DESSERT:</b> Crepe Bar w/ Assorted Toppings</p>
<p><b>SATURDAY - 4/20</b> <b>Brunch</b> <b>OMELETS TO ORDER</b> Omelets 9:30am-11:00am</p>	<p><b>SOUP:</b> Soup Du Jour <b>ENTRÉE:</b> French Toast <b>COOK'S CORNER:</b> Omelets / Eggs <b>ALLERGEN:</b> GF Penne, Chicken &amp; Broccoli Alfredo <b>HOT CEREAL BAR:</b> Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut, cinnamon, brown sugar <b>PIZZA:</b> Assorted Pizzas <b>DESSERT:</b> Assorted Pastries &amp; Donuts</p>	<p><b>SOUP:</b> Soup DuJour <b>ENTRÉE:</b> Pot Roast / Eggplant Parmesan <b>STARCH &amp; VEGETABLE:</b> Egg Noodles / Roasted Root Veggies <b>ALLERGEN:</b> Pot Roast w/ GF Gravy, GF Rotini Pasta &amp; Roasted Root Veggies <b>PIZZA:</b> Assorted Pizzas <b>DESSERT:</b> Ice Cream Novelties</p>
<p><b>SUNDAY - 4/21</b> <b>Brunch</b> <b>OMELETS TO ORDER</b> Omelets (CTO) Continental Breakfast</p>	<p><b>SOUP:</b> Soup DuJour <b>ENTRÉE:</b> Pancakes <b>COOK'S CORNER:</b> Omelets / Eggs <b>ALLERGEN:</b> GF Sandwich Bar <b>HOT CEREAL BAR:</b> Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut, cinnamon, brown sugar <b>PIZZA:</b> Assorted Pizzas <b>DESSERT:</b> Assorted Pastries &amp; Donuts</p>	<p><b>SOUP:</b> Soup DuJour <b>ENTRÉE:</b> Coconut Curry Chicken / Veggie Enchiladas <b>STARCH &amp; VEGETABLE:</b> Basmati Rice / Roasted Cauliflower <b>ALLERGEN:</b> GF Coconut Curry Chicken w/Basmati Rice &amp; Garlic Green Beans <b>PIZZA:</b> Assorted Pizzas <b>DESSERT:</b> Ice Cream Novelties</p>